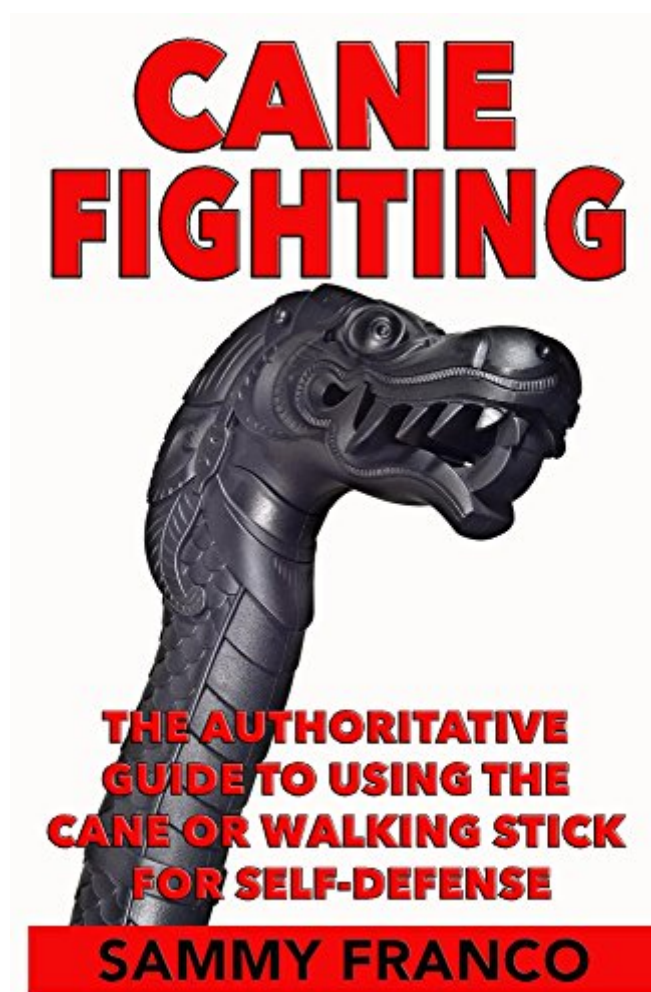


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# Cane Fighting: The Authoritative Guide To Using The Cane Or Walking Stick For Self-Defense



## Synopsis

Cane Fighting Techniques For The Real World! Cane Fighting: The Authoritative Guide to Using the Cane or Walking Stick for Self-Defense is a no nonsense book written for anyone who wants to learn how to use the cane or walking stick as a fighting weapon for real-world self-defense. The Ultimate Self-Defense Weapon for Everyone! While seemingly inconspicuous, the cane or walking stick is both a practical and devastating weapon for all ages, young and old, regardless of size or strength or experience and skill level. Most importantly, you don't need martial arts training to master this incredible self-defense weapon. One Book For All Kinds of Fighting Sticks With over 200 photographs and step-by-step instructions, Cane Fighting is the authoritative resource for mastering the following weapons: The Hooked Wooden Cane The Modern Tactical Combat Cane Walking Sticks of all types The Irish Fighting Shillelagh The Bo Staff Powerful Cane Fighting Techniques At Your Fingertips Cane Fighting is devoid of tricky or flashy cane fighting moves that can get you injured or possibly killed when defending against a determined attacker. Instead, it arms you with practical and powerful cane fighting techniques that actually work in the chaos of real-life street assaults. In fact, the skills and techniques found in these pages are surprisingly simple and easy to apply. Cane Fighting Covers These Essential Topics: How to choose the right tactical cane for your needs, advantages of the combat cane, weapon requirements, grips, essential dos and don'ts, weapon terminology, high and low concealment stances, strikes, power swings, preparing for impact shock, first strike techniques, combinations, striking angles, cane chokes, self-defense stages, blocks, deflections, footwork skills, cane fighting attributes, target areas, medical implications of cane strikes, use-of-force concerns, workout routines, conditioning exercises, and much more! Whether you are a beginner or advanced practitioner, student or instructor, Cane Fighting: The Authoritative Guide to Using the Cane or Walking Stick for Self-Defense teaches you powerful street-oriented techniques and proven fighting methods to get you home alive and in one piece.

## Book Information

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## Customer Reviews

The book did not meet my expectations for a number of reasons... some big and some small.1.

Though titled "Cane Fighting", the book is slanted to the use of the walking stick... and an entire range of movements and strikes for hooked canes are not covered.2. Though a couple of reviewers

have called it "thorough", I suggest that the book is, at best, only at a beginners level and quite

"thin" in content.3. The "canes" shown in training photos are actually gargantuan walking sticks that are impractical for daily-carry or use, and likely would not be approved for carrying through TSA. As

such, the recommended sticks lose one of the primary benefits of the cane as an alternative

defensive weapon where concealed carry is not allowed. How can the author recommend that

canes be "inconspicuous" and feature the oversized walking sticks (as used in the book) by Cold

Steel? Their products may be excellent, but are attention gathering and the opposite of his

recommendation. How could the dragon cane featured on the book's cover ever be considered

"inconspicuous"?4. The author states that the "minimum circumference" for an acceptable cane

should be 4.5" (or a diameter of 1.43"). This is not only an excessively large diameter, but thus

completely rules out the entire line of 1" (approximate diameter) defensive canes beautifully crafted

by Canemasters or Charles Davis, and commonly used in multiple styles of martial arts. The only

"canes" that appear to meet the author's recommendation (4.5" circumference) are the huge walking

sticks manufactured by Cold Steel.5. Though perhaps necessary for the oversize walking sticks

shown in the book, the two-handed strike (the same swing used for a baseball bat) sacrifices the

speed, flexibility, and power of a smaller cane used with a one-handed grip.5. The author ignores

entirely the benefits of conventional "hooked" canes and dismissed them as a "novelty." His stated

reasoning is that the hooked cane is a liability for "weapon retention". In reality, nothing could be further from the truth. A horned cane is much easier to control (and maintain) and is far more maneuverable... especially so when used for strikes or blocks. After reading the resume of the author, I was hoping for a better book on cane fighting.

As a novice to cane fighting and a person who learns by reading and studying, I appreciated the thorough, step-by-step presentation of Mr. Franco's expertise on cane fighting. While this book made good use of photographs to illustrate the material, I found it difficult to visualize motion sequences. Finally, the Kendall version of this book had editorial issues of disjointed pagination (i.e., illustrations on one page with descriptors on the following page) and spelling errors. The criticisms are minor and does not diminish the value of Sammy Franco's expert coaching on cane fighting.

The first 3 cane techniques in this book would get your cane taken from you in 1 second, and you would be beaten senseless. At best these 'techniques' are for the attacker with an untrained, unsuspecting victim! I give it 2 stars for being one of the few books to cover the cane, even if dangerously poor advice is given. I suggest you stay away and not waste your money.

I think this book gave great insight to a choice of weapon that is an everyday item. But now I will take the knowledge I have learned and add it to my everyday training. Overall excellent book if you're open to all aspects of self defense. Thanks for the time put in to create this great book. John Jorge

For those who walk with a cane & interested in a weapon with reach & basically legal to carry anywhere this is what you need

Simple and straight forward... This book provides the basis for a good technique especially with the Irish Walking Stick type of cane... A real must for your library...

This book tends to get better with each reading. I am somewhat capable in cane routines Yang style and Chen or Canon style as taught by Jesse Tsao who is in the video streaming library at . I've done these forms for years, and I really enjoy the work outs. Though no expert I was looking to find a new attitude toward my cane routines. This book takes a good "swipe" at how to improve on and make more effective these moves. I think this is a good book for beginner to advance. I practice and work on the physical fitness aspects as Mr. Franco maps them out. Also the practical approach to

canes.

I have no other book of this type to compare it to, but this book is working well for me. There is no fluff, just substance. I read some and then put it down to practice what I've learned in that portion of the book. I reread that portion and beyond, then repeat the procedure. Nothing will prepare you for self defense with a stick like sparring, but I don't ever feel defenseless with a stick in my hand now.

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